



Antony Cotton, Retail Parts Advisor - Supporting a Colleague in the Great North Run

We're proud to share that one of our colleagues, Antony Cotton, Parts Advisor, will be taking in the Great North Run, one of the UK's most iconic half marathons, to raise funds for the Stroke Association.

Taking place this September, the 13.1-mile route from Newcastle to South Shields is no small challenge. Months of training, dedication, and determination go into preparing for this event — all in support of a truly important cause and personal to Antony.

The Stroke Association does vital work supporting stroke survivors and their families, as well as funding life-saving research and raising awareness. Every donation helps make a real difference to people affected by strokes across the UK.

If you'd like to show your support, any contribution — big or small — would be hugely appreciated and will help spur Antony on every step of the way.

Let's get behind him and cheer him on as he takes on this incredible challenge for such a meaningful cause!

[Stroke Association - Antony Cotton](#)

